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PreferredPainManagement.com

Welcome to Our Patient Portal!

The Patient Portal is an online communication link between our patients and our practice. Equipped with a secure username and password, you gain anytime access to your Medical Health Records from the comfort of your home or office 24x7.

How to Access Your Patient Portal

- Provide an email address to the front desk staff. Once that email is entered into your Electronic Health Record, the system will send you an email with a link to the Patient Portal (From: donotreply@mail.prognocis.com; Subject: Your login details for patient portal). This email will have a secure attachment containing a username and a one-time use password for your portal.
- Following the instructions listed in the email, open the attachment to retrieve your username and one-time use password, and use the provided link to log in to your Patient Portal. You will be prompted to change your password after the first login. The new password must be 8 to 10 characters, with at least one letter and one number.
- Once you have logged in with your new password, you will have access to update your demographics, review your records, and send/receive electronic messages with our Patient Support Staff, in both the Winston-Salem and Greensboro offices.
- Portal Link:
<https://ppmandsc.prognocis.com/prognocis/ppmandscClinicIndex.html>

We look forward to continuing to improve quality of care with our patients. If you have any questions regarding our Patient Portal, please ask a staff member for assistance.